



EASTMAIN

NEWS RELEASE

TSX Symbol: ER

Nov 12, 2009

Eau Claire Drill Assays Multiple Half-Ounce Vein Intercepts

Eastmain Resources Inc. (TSX:ER) is pleased to announce assay data from continued definition drilling at its Eau Claire Gold Deposit, located in James Bay, Quebec. 46 holes totaling 13,765 metres have been completed to date during this phase of drilling. Holes 205 through 214 intersected **33 gold-bearing quartz-tourmaline veins**. Each of these holes intersected gold-enriched veins; nine with high-grade assays. Significant assay highlights for holes 205 through 214 include **multiple vein intersections containing over half an ounce of gold**, adding to an overall increase in the grade and size of the deposit (Table 1).

ER09-208 intersected **12.92 g/t Au over 1.0 metre**, including **25.8 grams per ton (g/t) gold (Au) or 0.75 ounces per ton (oz/ton)** over 0.5 metres, and 7.07 g/t Au over 1.5 metres, which included a half-metre sample of **18.3 g/t Au or 0.53 oz/ton**. Up to 7.05 g/t Au over 2.5 metres, including **26.1 g/t Au (0.76 oz/ton)** over a half-metre, was reported in hole ER09-209. A composite sample averaging **9.88 g/t Au along 1.5 metres**, which included **29.10 g/t Au (0.85 oz/ton)** over 0.5 metres, and a half-metre sample assaying **42.1 g/t Au or 1.23 oz/ton** were reported in ER09-210. Hole ER09-211 intersected a metre-wide vein grading 14.17 g/t Au, which included a half-metre interval of **28.0 g/t Au (0.82 oz/ton); 8.59 g/t Au over 2.60 metres** containing **18.95 g/t or 0.55 oz/ton gold** over a half-metre; and a half-metre interval of **35.0 g/t Au (1.02 oz/ton)** within a metre-wide intersection averaging **27.03 g/t Au**. Hole ER09-212 intersected 8.78 g/t Au over 1.5 metres to include **18.05 g/t Au (0.53 oz/ton)** over 0.5 metres. A half-metre sample interval in ER09-214 assayed **21.6 g/t Au (0.63 oz/ton)** within a metre-wide vein averaging 10.83 g/t Au.

Fine-grained visible gold, common throughout the deposit, was observed in seven of ten drill holes reported herein. Assay data is pending for an additional 29 holes, in which at least 25 vein intersections contain from **one to more than 50 grains of visible gold**. The current program will be completed with another 1,000 metres of drilling this month (Map 1, website).

Over the past 24 months, a total of 35,700 metres (181 HQ drill holes) has been completed to expand the Eau Claire gold resource within the upper 300 metres. The average grade of the Eau Claire deposit is increasing. **Over one-quarter (28%) of all gold intercepts drilled within this period contain over one ounce of gold per ton**. 72% of all gold-enriched vein and schist material intersected within Eau Claire exceed one-half (0.50) ounces per ton of gold over an average thickness of 1.30 metres.

In 152 drill holes, **433 gold-bearing quartz-tourmaline vein intervals** with an **average grade of 12.5 g/t Au (0.37 oz/ton)**, at an average thickness of 1.35 metres, have been intersected within the upper one-third of the deposit. 350 vein intervals contain an average grade of **15.3 g/t Au (0.45 oz/ton)**; 250 vein intervals averaged **19.6 g/t Au (0.57 oz/ton)**; 150 vein intervals contain an average of **28.2 g/t Au or 0.82 oz/ton**; **100 vein intervals** contain **39.7 g/t Au (1.16 oz/ton)** and 50 intersections have an average of **64.2 g/t Au or 1.88 oz/ton** (Table 2).

Near-term exploration objectives are to define a measured gold resource and expand the upper third of the Eau Claire gold deposit. Upon completion of this phase of drilling approximately **500 gold-bearing vein intersections** will have been added to the previous indicated resource estimate (December 2005). The swarm of veins found north of the previously defined gold resource (T Veins) has the potential to double the size of the deposit.

Previous drilling and recent prospecting have also outlined high-grade, gold-bearing veins east (Boomerang Prospect) and west (850 West Zone) of the Eau Claire gold deposit, which will be drilled during the next phase. Numerous rock and soil anomalies enriched in gold and tellurium identified along the favourable deposit horizon for several kilometres will also be trenched and drilled in 2010.

This news release was prepared by Dr. Donald Robinson, P. Geo., the qualified person supervising the project in accordance with NI 43-101.

About Eastmain Resources Inc. (TSX:ER)

Eastmain is a Canadian gold exploration company with 100% interest in the Eau Claire and Eastmain gold deposits. The Corporation has \$17.1 Million in working capital, no debt and holds an interest in 12 projects within the James Bay District, including the Eleonore South property, where a gold discovery has been found in a similar geologic setting to Goldcorp's Roberto deposit. Eastmain has an annual budget of \$5 million for gold exploration in Quebec.

For further information please contact Eastmain Resources Inc.: Dr. Donald J. Robinson, President or Catherine Butella, Exploration Manager at (519) 940-4870, fax: (519) 940-4871, e-mail: info@eastmain.com or visit our website at www.eastmain.com.

The statements made in this Press Release may contain forward-looking statements that may involve a number of risks. Actual events or results could differ materially from the Company's expectations and projections.

Table 1. Clearwater Project - Assay Data							
Hole ID	2009 Eau Claire Assay Results						Notes
	From	To	Length (m)	Au g/t	Au oz/ton	Vein ID	
ER09-206	223.2	223.7	0.50	1.50	0.04	D	VG 5, TE
ER09-207	252.4	252.9	0.50	4.11	0.12	G	VG 3
	264.1	265.2	1.10	3.35	0.10	H	VG 10
ER09-208	190.1	191.1	1.00	3.56	0.10	C	VG 10+, TE
	255.2	256.2	1.00	12.92	0.38		
incl.	255.2	255.7	0.50	25.80	0.75	G	VG 10, TE
	314.8	316.3	1.50	7.07	0.21		
incl.	314.8	315.3	0.50	18.30	0.53	P	
ER09-209	221.8	224.3	2.50	7.05	0.21		
	221.8	222.3	0.50	26.10	0.76	I	
ER09-210	244.4	245.9	1.50	9.88	0.29	H	
incl.	244.4	244.9	0.50	29.10	0.85		VG 6
	260.2	261.2	1.00	21.14	0.62	I	
incl.	260.2	260.7	0.50	42.10	1.23		
	301.0	312.0	11.00	2.56	0.07	R	
ER09-211	202.9	203.4	0.50	5.36	0.16	D	VG 3
	299.9	300.9	1.00	14.17	0.41	R	
incl.	300.4	300.9	0.50	28.00	0.82		
	313.6	316.2	2.60	8.59	0.25	S	
incl.	315.6	316.2	0.60	18.95	0.55		
	337.4	338.4	1.00	27.03	0.79	T	VG 15
incl.	337.9	338.4	0.50	35.00	1.02		
	370.0	373.5	3.50	2.66	0.08	T2	
ER09-212	330.0	331.5	1.50	8.78	0.26	S	
incl.	330.5	331.0	0.50	18.05	0.53		
ER09-212	513.0	514.0	1.00	7.62	0.22	T10	
incl.	513.0	513.5	0.50	15.05	0.44		VG
ER09-214	60.3	61.3	1.00	10.83	0.32		
incl.	60.3	60.8	0.50	21.6	0.63	D	VG 6

Table 2. Eau Claire Gold Deposit 2007-2009 Average composite gold grades						
Cut off grade		Number of	Length	Average Grade		
				Intercepts	m	
0.0		433	1.35	12.5	0.37	
2.1		400	1.35	13.7	0.40	
2.9		350	1.32	15.3	0.45	
3.8		300	1.31	17.3	0.51	
4.8		250	1.34	19.6	0.57	
6.2		200	1.34	23.1	0.68	
8.8		150	1.35	28.2	0.82	
12.2		100	1.23	39.7	1.16	
20.0		50	1.21	64.2	1.88	
31.2		25	1.16	106.3	3.11	
46.0		10	1.16	210.4	6.14	

Chemical analysis was completed by ALS CHEMEX Laboratories using a 50-gram split and gravimetric techniques. The visible gold samples were mechanically screened and assayed for metallics. Internal standards provided by an independent company and blank samples were inserted for quality control purposes. Assay samples are taken from HQ core, sawed in half with one half sent to a commercial laboratory and the other half retained for future reference.

Note: Sample length approximates true thickness. VQTL VG = Quartz-tourmaline vein with visible gold. VG5+ = five grains of visible gold were identified in the sample. TE = visible grains of tellurides.